



## NRM SCHOOL PROGRAM IDEAS

### *How to Set Up A Cooking Contest*

- ◆ Contact high school officials for approval and names of consumer science (home economics) teachers
- ◆ Set date for contest
- ◆ Draft letters to teachers (sample included)
- ◆ Choose three local judges (use judging sheet in this kit)
- ◆ Select prizes for winners (i.e. National Rice Month t-shirts or other National Rice Month promotional items)